



CLALLAM CONNECTION

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WELCOME TO TIM BRUCE



Clallam County has a new leader in the Developmental Disabilities section. Say hello to Tim Bruce! The Connection got a chance to sit down with Tim and ask him some questions.

Tim was the Program Director for the Single Adult Shelter at Serenity House. He has worked in the developmental disabilities field for many years as a therapist and as a consultant to counties. He has a strong background in assessments.

Happiness
takes
Courage
~Anonymous

The Connection asked Tim what his main priority will be as he starts this job. Tim wants Clallam County to serve as many people as it can. He wants the County to help people achieve their dreams.

Feel free to stop by and introduce yourself to Tim (in the basement of the Courthouse) or you may reach him at 360-417-2428 or tbruce@co.clallam.wa.us.

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DON'T GET SICK! WHEN SHOULD YOU WASH YOUR HANDS?



- When they look dirty
- Before fixing or eating food
- Before **and** after caring for someone who is sick
- Before **and** after treating any wound
- After blowing your nose, coughing or sneezing
- After using the toilet
- After changing diapers
- After helping anyone who has gone to the bathroom
- After handling garbage
- After touching animals
- After touching anything that other people touch a lot

DON'T FORGET



November 2, 2010 - Election Day
Don't forget to vote!



November 4, 2010 - DDAC Meeting

The next DDAC Meeting is at 5:30 P.M. in the Commissioners' Meeting Room at the Clallam County Courthouse in Port Angeles. There will be video teleconferencing with Forks if people would like to join in.



November 7, 2010 - Daylight Savings Time Ends

Don't forget to turn your clocks back one hour! Standard Daylight time ends at 2:00 A.M. on Sunday, November 7th. You better turn your clock back one hour before you go to bed!

November 11, 2010 - Veterans Day

Government Offices will be closed and No mail.

November 25, 2010 - Thanksgiving Day

Government Offices will be closed and No mail.

READY, SET, GO . . . SAFETY NOTES

By Jamye Wisecup

The weather people are predicting some serious winter storms for Clallam County this winter and next spring due to a “La Nina” Weather System. You can learn more about La Nina weather through this website:

http://www.cpc.ncep.noaa.gov/products/analysis_monitoring/lanina/cold_impacts.shtml

The wind, heavy rains, and snowfall of winter storms may cause power outages in Clallam County. Here are some safety tips to keep you warm and safe while at home.

What to do during a power outage:

- **Turn off** the stove (electric and gas) if you are in the middle of cooking.
- **Unplug** your small appliances such as computers, coffee makers, & microwave ovens.
- Use your **flashlights** for light - **NO CANDLES**.
- Move **away from windows** or things that could fall.
- **Go to the lower floors** in multi-story homes.
- **Dress in layers** with hats and mittens to keep yourself warm.
- Listen to your **battery operated radio** for emergency instructions and weather updates.
- **Stay inside** away from falling trees & falling power lines.
- **NEVER go near** a downed power line – Workers will be there to fix the lines.
- Contact your people to let them know you are okay & staying at home. Let them know if there is anything you are worried about or need help with.
- **Only make local** phone calls for emergencies.
- Drink your bottle of **water**.
- **Eat snacks** from the pantry, or your Ready, Set, Go Preparedness Bag while the power is out.
- During daylight hours...remember to use **the games, books, card games, & journal drawing** materials in your Ready, Set, Go Preparedness Bag to stay active.
- Remember Power Company will be working overtime to restore electricity to your home as quickly as possible. **Be patient**.



LONDON STORE BREAKS NEW GROUND WITH NATIONAL MODELS WITH DISABILITIES CAMPAIGN

A London store called Debenhams has become the first store in England to start a national campaign featuring a model with a disability in all of its 160 stores in England and Ireland.

The store ran a trial using Shannon in three of their stores earlier this year. This resulted in some of the most positive feedback the retailer has ever received. This prompted Debenhams to take more pictures and run them for all the stores.

Debenhams reports they cater to men and women of all shapes and sizes, young and old, and disabled and non-disabled. They are committed to continuing this inclusive approach.

Shannon Murray is the model in the new campaign. She says she applauds the store's dedication to representing real people and she hopes other stores will follow the lead and recognize the diversity of their customers.

A SCHOOL DISTRICT THAT INCLUDES EVERYONE



Five years ago in Madison Wisconsin a student named Garner with autism had a movie made about him by his classmates. He was going into 6th grade and his classmates wanted the students in the bigger school to know what to expect. One friend said this about Garner: "He puts a little twist in our lives we don't usually have."

People with autism are often socially isolated, but Madison public schools are known for including children with disabilities in regular classes. The

schools give every student a chance to be part of the community. Garner has always been in general education classes, sometimes with an aide.

In ninth grade Garner went out for cross country. He would get lost during practice, so the school district hired a college student to run with him until he learned his way. Now, his teammates call him the GPS-man because he memorizes plane, train and bus routes.

Garner is not one of the fastest on the high school cross-country team, but he runs like no other. "Garner enjoys running with other kids, as opposed to past them," said his coach.

VOICES IN MUSIC

In Bellingham, Jim sits at a coffeehouse, microphone in hand as he waits for cues from singer and guitarist Jon. Two others join Jim and croon or hum along to upbeat favorites, like "Stir it Up," by Bob Marley, and "The Tide is High" by Blondie.

Jim lives in Bellingham and is a member of a local group called Out of the Ashes. This is a musical program for people with developmental disabilities started by a man named Jon Dalgren.

The idea is to give people with developmental disabilities a channel for creativity, a voice they don't always have.

Take Jim, who normally doesn't communicate well. When he is on stage making music, he is transformed. "He's a different guy up there," said his mother, Maureen.

Dalgren's idea for Out of the Ashes began with a job he had working with people with developmental disabilities in residential and vocational settings. At lunch he would pull out his guitar and start playing and the energy of the place would change.

Then he decided to introduce instruments and a microphone to encourage folks to sing. Instead of just watching Dalgren and being entertained they became part of the music. Making music takes away disability and looks at ability and that makes people feel included.

When people walk into the coffee shop while Out of the Ashes is playing they find themselves singing along. "We're much more connected than we really know," says Dalgren.



SPECIAL OLYMPICS



Who? The Orcas!

What? Clallam County's Special Olympics Team!

How? Call Wendy Bonham at 360-477-4134

If anyone is interested and hasn't been involved with Special Olympics in the past OR if it has been over 3 years since they have been involved - please call Wendy at 360-477-4134. Athletes MUST have a current Application for Participating on file to practice with the team.

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Got a Story? Got News? Contact Aimee Barton at
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